



COMOX VALLEY
SPORTS & SOCIAL CLUB

CVSSC Outdoor Soccer Sport Specific Guidelines

***Updated as of June 2, 2021**

This document highlights the upcoming sport specific adjustments and rule changes to CVSSC Outdoor Soccer leagues during the current Return to Sport Restart 2.0 phase laid out by viaSport BC. These may be adjusted during the season to align with feedback from players and direction from local, provincial and federal health authorities. The broader Return to Play Guidelines for all CVSSC sports can be accessed here: <https://bit.ly/3drs9dc>. All players are expected to abide by both sets of guidelines and help us work together towards a safe and successful season of sports.

1. Sport-Specific Sanitization:

- Sanitizing Station: The CVSSC coordinators will bring either spray sanitizer and paper towel, or sanitizing wipes to the field for communal use on equipment before, during and after games.

2. Soccer Roster Size Cap and Eligibility:

- With easing restrictions on the number of players allowed on a field outdoors, we have removed the roster size cap.
- However, only individuals who have signed the updated waiver and read the guidelines of play will be allowed to participate.

3. Soccer Rule Adjustments:

- Return to Normal: Physical distancing is no longer required on the field of play, which will signal the gradual return to our normal soccer rules. However, everyone will find their comfort level with physical spacing at their own pace and please afford that spacing (particularly on the sidelines) where possible.
- Standings and Playoffs: Standings and playoffs are likely to return for the coming season. Captains may be polled ahead of

time on whether this is something they'd like to see. Last year, standings were still kept to help guide scheduling and track sportsmanship scores, but only visible to the CVSSC.

- Jockeying the Ball Carrier: The league has always promoted jockeying the ball carrier and making a play on the ball. This has not changed. Please make a play on the ball, not the body.
- Other Rule Updates: (a) Throw-ins will once again return to CVSSC games to bring the ball back into bounds; (b) headers are once again allowed; (c) corner kicks return to regular procedures, but please avoid overloading the box and extended close contact.

4. viaSport's Return to Sport Restart 2.0:

Based on the Return to Sport Restart 2.0 activity chart and answers from the following webinar, we are happy to gradually provide a return to normal sport. The chart is attached below, however it is a living document and the most updated version can be found online here:

<https://www.viasport.ca/return-sport>.

Return to Sport Restart 2.0

STEP 1 Effective May 25	STEP 2 June 15 (Earliest)	STEP 3 July 1 (Earliest)	STEP 4 Sept 7 (Earliest)
<p>Outdoor sport</p> <ul style="list-style-type: none"> • Practices and competition allowed for youth and adults within their home club* • Physical distance not required on field of play (i.e. contact is allowed). Off field of play, physical distance of 2 m must be maintained. • Travel allowed to home club only (and cannot cross travel zones) • Maximum group size for adults and varsity sport is 50 (if group is a mix of youth and adult, 50 person maximum must be followed) • No maximum group size for youth to allow for more flexibility (e.g. adult supervision) • No spectators <p>Indoor sport</p> <ul style="list-style-type: none"> • Same restrictions that were in place prior to May 25 <ul style="list-style-type: none"> ▶ 3 m physical distancing required for children and adults on field of play ▶ Adult sport limited to two people ▶ No spectators ▶ Travel to home club only (and cannot cross travel zones) <p>High-performance sport</p> <ul style="list-style-type: none"> • Sport Canada carded athletes (Canadian Elite or Podium levels) may travel across the three travel zones • Canadian Sport Institute Pacific identified athletes** who are not Sport Canada carded can train, travel and compete within their travel zone 	<p>Outdoor sport</p> <ul style="list-style-type: none"> • Increased travel allowed • Up to 50 spectators <p>Indoor sport</p> <ul style="list-style-type: none"> • Increased travel allowed • Physical distance not required on field of play • Competition allowed • Maximum group size TBD • No spectators <p>High-performance sport</p> <ul style="list-style-type: none"> • Provincial travel restrictions lifted 	<p>Outdoor sport</p> <ul style="list-style-type: none"> • Increased group size • Increased number of spectators <p>Indoor sport</p> <ul style="list-style-type: none"> • Increased group size • Limited number of spectators <p>High-performance sport</p> <ul style="list-style-type: none"> • Increased travel allowed 	<p>Return to normal sport competitions for both indoor and outdoor sport</p>

ALL STEPS: Transition between the steps will be dependent on case counts, hospitalizations, and vaccination rates. Sport specific COVID-19 guidance documents and safety plans should be adapted to fit the steps outlined in this Return to Sport Restart 2.0 Chart.
***Home club**—the sport organization, club or facility with, or at which, a person is registered for ongoing sport programming
****High-performance athlete**—a person who is identified by the Canadian Sport Institute Pacific as a high-performance athlete affiliated with an accredited provincial or national sports organization