



COMOX VALLEY
SPORTS & SOCIAL CLUB

CVSSC Slo Pitch Sport Specific Guidelines

***Updated as of June 24, 2020**

This document highlights the upcoming sport specific adjustments and rule changes to CVSSC Slo Pitch leagues during the current Transition Measures phase (May 19 to September) on the Sport Activity Chart provided by viaSport BC. These may be adjusted during the season to align with feedback from players and direction from local, provincial and federal health authorities. The broader Return to Play Guidelines for all CVSSC summer sports can be accessed here: <https://bit.ly/3drs9dc>. All players are expected to abide by both sets of guidelines and help us work together towards a safe and successful season of sports.

1. Sport-Specific Sanitization:

- Set-Up and Clean-Up: Any players involved in the set-up and put-away of bases need to properly sanitize their hands both before and after.
- Warm-up and Game Balls: Each slo pitch ball must be sanitized (either with soap and water, sanitizing spray or a sanitizing wipe such as a Lysol wipe) before use in a warm-up or as the game ball. Game balls should be sanitized again between each inning.
- Helmets and Bats: Each player should bring their own helmet and bat to games. In cases where a helmet or bat must be shared, it needs to be sanitized between uses with a sanitizing spray or Lysol wipe. When picking up another players bat after they've hit, grab it by the barrel to bring it back to the dugout.
- Pitching: Pitchers should sanitize their hands before entering the diamond to pitch and sanitize once finished. They must not lick their fingers.

2. Slo Pitch Roster Size Cap and Eligibility:

- Team rosters will be capped at 15 players at the field to stay within the maximum gathering size of 50 per field/diamond. However, it is recommended that teams keep their rosters smaller on game days to help with social distancing in the dugouts and on the sidelines.
- If a team has more than 15 players, they must immediately send away enough players to get down to the max of 15 per team.
- Only individuals who have signed the updated waiver and read the guidelines of play will be allowed to participate.

3. Slo Pitch Rule Adjustments:

- Infielders Part I (Before the Pitch): All infielders need to be positioned at least 2 meters away from any baserunners before a pitch.
- Infielders Part II (Balls in Play): Any infielder not involved in the play is to remove themselves 2 meters (six feet) from the base paths any time the ball is put in play to allow room for the base runners.
- Tagging the Runner: Once a runner has been tagged, both runner and defensive player should immediately separate to proper social distancing.
- Force Outs: Once a force play has been made, both the runner and defensive players should immediately ensure they remove themselves to proper social distancing.
- Catcher Positioning: The catcher must stand at least 2 meters back of the hitter.
- Base Coaches: Must stand at least 2 meters away from the base and other players.
- Benches/Dugouts: Players must maintain social distancing at all times, including when using the dugouts and benches. Players should overflow to a safe position along the fence lines or behind the dugouts when needed (ie. when batting).

4. viaSport's Sport Activity Chart:

Based on the Sport Activity Chart in viaSport's Return to Sport Guidelines for BC (attached below), we are in the Transition Measures phase until September. We believe that our outdoor summer leagues fit well into this phase via the following measures:

- (1) Restrictions in Place** – Adding rules that maintain social distancing; keeping travel local within the Comox Valley; and limiting 50 people per field through roster and spectator restrictions.
- (2) Enhanced Protocols** – Having at least three levels of symptom screening in place (self screen, captain screen and community screen); applying various protocols on player hygiene (see Return to Play landing page), plus any sport-specific protocols for hygiene.
- (3) Facility** – Playing outdoors only, where it is safest. We will only consider indoor facilities when they reopen and restrictions progressively loosen in the next phase.
- (4) Participants** – Spectators have always been, and will continue to be, extremely limited, but will now be discouraged; and there are the above noted additional roster restrictions applied to ensure staying within the 50-max per field group gathering restrictions.
- (5) Non-contact and Contact Activities** – Not applicable. CVSSC leagues do not hold practices.
- (6) Competition** – We will only play in-club and will be using modified games and scrimmages with adjustments that promote social distancing.

APPENDIX A – SPORT ACTIVITY CHART

This chart outlines the types of activities that can be considered as we transition through the various return phases.

	Strictest Controls Prior to May 19, 2020	Transition Measures Approx. May 19th to Sept	Progressively Loosen Future date TBC	New Normal Future date TBC
Restrictions in Place	<ul style="list-style-type: none"> Maintain Physical Distance (2m) No non-essential travel 	<ul style="list-style-type: none"> Maintain Physical Distance (2m) No non-essential travel No group gatherings over 50 people 	Refer to PHO and local health authorities	Refer to PHO and local health authorities
Enhanced Protocols	Increased hand hygiene	<ul style="list-style-type: none"> Increased hand hygiene Symptom Screening in place 	Increased hand hygiene	Increased hand hygiene
Facility	<ul style="list-style-type: none"> Outdoor or within home Facilities and playgrounds closed 	<ul style="list-style-type: none"> Outdoor is safest Indoor facilities slowly re-opening 	Outdoor/Indoor	Outdoor/Indoor
Participants	Individual activities	<ul style="list-style-type: none"> Small Groups No or limited spectators 	<ul style="list-style-type: none"> Groups sizes may increase Limited spectators 	<ul style="list-style-type: none"> Large groups allowed No restrictions on spectators
Non-contact Activities	<ul style="list-style-type: none"> Low risk outdoor activities can occur (biking, running, etc). Virtual activities 	<ul style="list-style-type: none"> Fundamental movement skills Modified training activities, drills 	Expansion of training activities	No restrictions on activity type
Contact Activities	Should not occur	<ul style="list-style-type: none"> Should not occur Contact sports should look for non-contact alternatives to training 	Introduction to pair or small group contact skills	No restrictions on activity type
Competition*	Should not occur	In club play or modified games may slowly be introduced	Interclub or regional game play may be considered	Provincial competitions and larger scale events may return
Equipment	No shared equipment	<ul style="list-style-type: none"> Minimal shared equipment Disinfect any shared equipment before, during and after use 	<ul style="list-style-type: none"> Some shared equipment Enhanced cleaning protocols in place 	Shared equipment

*Introduction of competitive activities should be in alignment with Sport Specific guidelines

As noted in the viaSport Return to Sport FAQ, "There may be occasional instances where participants come closer than 2m but these

occurrences should be brief (ie. – one individual runs past another) and during the current phase of the province’s Restart Plan should be avoided wherever possible.” We believe our evolving sport-specific adjustments will be able to monitor these situations and help address and avoid them throughout the season.